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IDENTIFIERS	Pennsylvania

ABSTRACT

This bibliography lists a library collection of educational resources on topics in nutrition which are available to elementary and secondary teachers who need information and instructional aids to help them implement nutrition education into the existing curriculum. Two hundred seven entries of nutrition education resources comprise this bibliography, including books, periodicals, filmstrips, slides, cassettes, bibliographies, teaching kits, programmed instruction units, curriculum guides, and games. Each entry includes some or all of the following: library code number, author, title, publisher, publication date, and price. The addresses of sources are attached. (EM)

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A NUTRITION EDUCATION BIBLIOGRAPHY FOR TEACHERS OF ALL SUBJECTS AND GRADE LEVELS

Revised Edition

Developed Through

AN ESEA TITLE IVC PROJECT

in

NUTRITION EDUCATION FOR SCHOOLS

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February, 1978

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INTRODUCTION

This bibliography has been developed as a cooperative endeavor between the Northeastern Branch Library Media Examination Center and the Nutrition Education Development Project of Luzerne Intermediate Unit 18. The materials listed here are a collection of nutrition education resources developed through the NEDP.

The Nutrition Education Development Project has been funded through an ESEA Title IV C grant; and the Project assists local school districts in incorporating nutrition topics into the existing curriculum. One aspect of the Project continues to be the development and expansion of a resource center to house books, periodicals, filmstrips, slides, cassettes, bibliographies, teaching kits, programmed instruction units, curriculum guides, and games in nutrition education. This collection is housed in the Library Media Examination Center of L.I.U. #18. The collection is available to educators and individuals who are interested in nutrition education or who wish to secure information on a topic or topics in nutrition.

Since the resource center continues to expand, the bibliography does not represent the total collection of available materials. The acquisition of materials is on-going.

If you are interested in beginning a program in nutrition, you will find books marked with an asterisk (*) particularly helpful. Whenever possible, prices and addresses have been included for your convenience.

An extensive pamphlet file featuring free or low-cost materials on many current issues in nutrition is also available. The pamphlets are not included in this bibliography, but a listing of these materials is available free of charge to interested individuals.

If you are an educator within the area served by Luzerne Intermediate Unit 18, 16mm films dealing with a number of important topics in nutrition education are available on a free loan basis. For further information about these resources, please contact:

Jane Grogan, Project Director
Luzerne Intermediate Unit 18
368 Tioga Avenue
Kingston, Pennsylvania 18704
(717) 287-9681

016.641 * Nut	Nutrition Foundation. INDEX OF NUTRITION EDUCATION MATERIALS. Washington, D.C., 1974. ($5.00)
016.641 Uni	U.S. Dept. of Agriculture. CATALOG: FOOD AND NUTRITION INFORMATION AND EDUCATION MATERIALS CENTER. Washington, D.C., 1973-75. 6 volumes.
016.641 Wan	Wanzek, Carol. PUBLICATIONS LIST, 1977. Chicago, Nutrition Association, 1977. ($2.00)
016.6415627 Soc	Society for Nutrition Education. AGING AND NUTRITION: A BIBLIOGRAPHY. Berkeley, Calif., 1976. ($2.00).
Slide 301 Cri	CRITICAL ISSUES IN SCIENCE AND SOCIETY: A WORLD TO FEED. Parts I and II. Center for Humanities, 1976. 160 col slides, 2 cassettes, teacher's guide. ($114.50)
338.19 Mar	Marei, Sayed A. THE WORLD FOOD CRISIS. London, Longman, 1976. ($9.50)
338.19 Per	Perl, Lila. THE GLOBAL FOOD SHORTAGE. New York, Morrow, 1976. ($5.95)
362.1 Sch	Schaller, Warren. HEALTH, QUACKERY, AND THE CONSUMER. Philadelphia, Saunders, 1976. ($11.95)
371.71 Nem	Nemir, Allan. THE SCHOOL HEALTH PROGRAM. 4th ed. Philadelphia, Saunders, 1975. ($8.50)
375 Kem	Kemp, Jerrold E. INSTRUCTIONAL DESIGN: A PLAN FOR UNIT AND COURSE DEVELOPMENT. Belmont, Calif., Fearon, 1971. ($2.25)
502.8 Cob	Cobb, Vicki. SCIENCE EXPERIMENTS YOU CAN EAT. Lippincott, 1972. ($1.25)
574.192 Mon	Montgomery, Rex. BIOCHEMISTRY: A CASE-ORIENTED APPROACH. St. Louis, Mosby, 1977. ($11.50)
612 And	Anderson, Paul D. CLINICAL ANATOMY AND PHYSIOLOGY FOR ALLIED HEALTH SCIENCES. Philadelphia, Saunders, 1976. ($11.50)
612 Bur	Burton, Benjamin T. HUMAN NUTRITION: A TEXTBOOK OF NUTRITION IN HEALTH AND DISEASE. 3rd ed. McGraw-Hill, 1976. ($12.50)
Cassette 612 Pro	PROTEIN: THE FOOD OF LIFE. Center for Cassette Studies, 1971. 27 min. Includes bibliography. ($12.95)
612 Rie	Riedman, Sarah R. FOOD FOR PEOPLE. 2nd rev. ed. Abelard-Schuman, 1976. ($2.37)
Slide 612.3 Nut	NUTRITION: FOOD AND HEALTH. Parts I and II. Center for Humanities, 1974. 151 col slides, 2 cassettes, teacher's Guide. ($114.50)

612.3
Pik
Pike, Ruth. NUTRITION: AN INTEGRATED APPROACH. 2nd ed. New York, Wiley, 1975. ($18.95)

612.311
Mac
McNeil, Donald. FLUORIDATION FOR YOUR COMMUNITY AND STATE. American Dental Association, 1969. ($1.50)

612.32
Gla
Glass, George. INTRODUCTION TO GASTROINTESTINAL PHYSIOLOGY. Englewood Cliffs, N.J., Prentice-Hall, 1968. ($13.50)

612.33
Csa
Csaky, T.Z. INTESTINAL ABSORPTION AND MALABSORPTION. New York, Raven, 1975. ($19.75)

612.39
Bie
Biermann, June. THE DIABETES QUESTION AND ANSWER BOOK. Nashville, Sherbourne, 1974. ($4.95)

612.39
Blo
Bloom, Arnold. DIABETES EXPLAINED. 2nd ed. London, MTP Publishers, 1975. ($9.50)

612.39
Efr
Efron, Mary L. PHENYLKETONURIC FAMILIES. Reprint from Journal of American Medical Association, 1965. March of Dimes Reprint.

612.39
Gar
Garell, Dale. METABOLIC DEFECTS ASSOCIATED WITH MENTAL RETARDATION. Reprint from American Journal of Diseases of Children, 1962. March of Dimes Reprint.

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Neel, James V. DIABETES MELLITUS. Reprint from Genetics and Epidemiology of Chronic Diseases, 1965. March of Dimes Reprint.

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Roe
Roe, Dalphne A. DRUG-INDUCED NUTRITIONAL DEFICIENCIES. Westport, Conn., AVI, 1976. ($19.00)

612.39
Spi
Spiller, Gene A. FIBER IN HUMAN NUTRITION. New York, Plenum Press, 1976. ($24.50)

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Kutsky, Roman. HANDBOOK OF VITAMINS AND HORMONES. New York, Van Nostrand Reinhold, 1973. ($14.95)

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Lev
Levy, Joseph V. VITAMINS: THEIR USE AND ABUSE. New York, Liveright, 1976. ($6.95)

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National Academy of Sciences. THE RELATIONSHIP OF NUTRITION TO BRAIN DEVELOPMENT AND BEHAVIOR. Washington, D.C., 1973.

613.2
Arn
Arnow, L. Earle. FOOD POWER: A DOCTOR'S GUIDE TO COMMON-SENSE NUTRITION. Nelson-Hall, 1972. ($8.95)

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613.2
Cal
CALORIE CONTROL: A NUTRITIONIST EXPLAINS THE KEY TO WEIGHT CONTROL. Center for Cassette Studies, 1971. ($12.95)

613.2 Cha	Chaney, Margaret S. NUTRITION. 8th ed. Houghton Mifflin, 1971. ($11.50)
613.2 Dav	Davidson, Stanley. HUMAN NUTRITION AND DIETETICS. 6th ed. London, Churchill-Livingston, 1975. ($29.50)
613.2 How	Howe, Phyllis S. BASIC NUTRITION IN HEALTH AND DISEASE. 6th ed. Philadelphia, Saunders, 1976. ($7.25)
613.2 Mac	McWilliams, Margaret. NUTRITION FOR THE GROWING YEARS. 2nd ed. New York, Wiley, 1975. ($12.50)
613.2 Mit	Mitchell, Helen S. NUTRITION IN HEALTH AND DISEASE. 16th ed. New York, Lippincott, 1976. ($14.50)
613.2 Rob	Robinson, Corinne. NORMAL AND THERAPEUTIC NUTRITION. 15th ed. New York, Macmillan, 1977. ($11.95)
613.2 Run	Runyan, Thora J. NUTRITION FOR TODAY. New York, Harper and Row, 1976. ($11.95)
613.25 Ped	Pediatric and Adolescent Endocrinology. THE ADIPOSE CHILD: MEDICAL AND PSYCHOLOGICAL ASPECTS. New York, S. Karger, 1976. ($37.00)
613.7043 Tee	Huenemann, Ruth L. TEENAGE NUTRITION AND PHYSIQUE. Springfield, Ill., Charles C. Thomas, 1974. ($9.75)
613.71 Ame	American Alliance for Health, Physical Education, and Recreation. NUTRITION FOR ATHLETES: A HANDBOOK FOR COACHES. Washington, D.C., AAHPER, 1971. ($2.40)
613.71 Wil	Williams, Melvin H. NUTRITIONAL ASPECTS OF HUMAN PHYSICAL AND ATHLETIC PERFORMANCE. Springfield, Ill., Charles C. Thomas, 1976. ($16.95)
614.5996 Got	Gotzsche, Anne-Lise. THE FLUORIDE QUESTION: PANACEA OR POISON? New York, Stein and Day, 1975. ($7.95)
615.854 Bie	Bieler, Henry G. FOOD IS YOUR BEST MEDICINE. New York, Vintage Books, 1965. ($1.50)
615.854 Lew	Lewis, Clara M. NUTRITION AND DIET THERAPY: SELF-INSTRUCTIONAL UNITS. Philadelphia, F.A. Davis, 1976. 8 volumes. ($19.90)
615.9 Nat	National Academy of Science. EVALUATING THE SAFETY OF FOOD CHEMICALS. Washington, D.C., 1973. ($10.50)
616.39 Mac	McLaren, Donald. NUTRITION AND ITS DISORDERS. 2nd ed. New York, Churchill-Livingston, 1976. ($8.00)
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Ahrens, Richard A. NUTRITION FOR HEALTH. Belmont, Calif., Wadsworth Pub., 1970. ($2.95)

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Filmstrip
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Vitamin Information Bureau. THE BEGINNING OF LIFE: HOW A BABY DEVELOPS BEFORE BIRTH. Col filmstrip, Cassette, script. ($9.00)

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Bruch, Hilde. EATING DISORDERS: OBESITY, ANOREXIA NERVOSA, AND THE PERSON WITHIN. New York, Basic Books, 1973. ($15.00)

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641.1
But
Butterick Publishing. FOOD AND NUTRITION: DOLLARS AND SENSE. 4 col filmstrips, 4 cassettes, teacher's guide, transparencies. ($85.00)

Kit
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But
Butterick Publishing. LOOK AND COOK: NUTRITION BASICS. 2 col filmstrips, 2 cassettes, poster, transparencies, ditto masters, teacher's guide. ($57.00)

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Cal
California Dietetic Association. A DOZEN DIETS FOR BETTER OR FOR WORSE. Los Angeles, CDA, 1974. ($2.00)

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Callahan, Dorothy. THE GREAT NUTRITION PUZZLE. Scribner 1956.

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THE CALORIE GAME. Games That Teach. Playing cards and instructions. ($9.95)

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Cameron, Allan G. FOOD: FACTS AND FALLACIES. London, Faber, 1971. ($6.50)

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Car
Carey, Ruth L. COMMONSENSE NUTRITION. Mountain View, Calif., Pacific Press, 1971. ($2.95)

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Church, Carles. FOOD VALUES OF PROTIONS COMMONLY USED. 12th ed. Philadelphia, Lippincott, 1975. ($6.90)

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Clark, Linda. KNOW YOUR NUTRITION. New Canaan, Conn., Keats, 1973. ($3.50)

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Cyrs, Thomas E. YOU, BEGAVIORAL OBJECTIVES AND NUTRITION EDUCATION. Rosemont, Ill., Natl. Dairy Council, 1973. ($1.25)

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Deutsch, Ronald M. THE FAMILY GUIDE TO BETTER FOOD AND BETTER HEALTH. Des Moines, Iowa, Meredith Corp, 1971. ($7.95)

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Game
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Did
Didactron, Inc. GOOD LOSER: THE WEIGHT CONTROL GAME. ($12.00)

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641.1
Dos
Dosix Corporation. THE CHANGING FOOD NEEDS OF THE FAMILY. Col filmstrip, cassette, guide. ($12.00)

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Dosix Corporation. FEEDING YOUR CHILDREN. Col filmstrip, cassette, guide. ($12.00)

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EAT YOURSELF HEALTHY. Center for Cassette Studies. 1971. ($12.95)

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Ellis, Anita. NUTRITION EDUCATION: WHOSE JOB? Charleston, W. Va., Dept. of Education, 1974.

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Ewart, Charles D. HOW TO ENJOY EATING WITHOUT COMMITTING SUICIDE. New York, Cornerstone, 1973. ($1.50)

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Faber, Doris. THE MIRACLE OF VITAMINS. Putnam, 1964. ($3.49)

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FAD DIETING. A portfolio of resource materials. New York, Cornell University ($3.00)

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Fleck, Henrietta. INTRODUCTION TO NUTRITION. 2nd ed. New York, Macmillan, 1971. ($9.25)

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FOOD: HEALTH AND DIET. Sunburst Communications. ($50.00)

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FOOD ADDITIVES: BENEFICIAL OR DELETERIOUS? Proceedings of of American Association for the Advancement of Science 140th meeting. 1974. ($19.95)

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Fimlstrip
641.1
Foo
FOOD FOR LIFE: THE BASIC FOUR. Tupperware Educational Services. 4 col filmstrips, 4 cassettes, teaching guide, transparencies. ($12.95)

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Fry, Barbara. BUY AND BUY. A health education experience for 9-13 year olds. New York, Department of Education, 1974.

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Fry, Barbara. LEARNING NUTRITION THROUGH DISCOVERY.: A TEACHER'S GUIDE. Ithaca, N.Y., Cornell University, 1975. ($1.75)

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Fry, Barbara. YARDSTICKS FOR NUTRITION. Ithaca, N.Y. Cornell University, 1975. Incl. charts and teacher's guide.

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Garrison, Omar V. THE DISTOCRATS' ATTACK ON HEALTH FOODS AND VITAMINS. New York, Arco Books, 1970. ($.95)

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Gifft, Hlehen. NUTRITION, BEHAVIOR, AND CHANGE. Englewood Cliffs, N.J., Prentice-Hall, 1972. ($10.95)

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Gol

Goldblith, Samuel. MILESTONES IN NUTRITION. VOL. 2. Westport, Conn., AVI, 1964. ($22.00)

641.1 *
Gol

Goldstein, Eleanor. FOOD. Social Issues Resources Series. Gaithersburg, Md., 1976. ($50.00)

641.1 *
Goo

Goodwin, Mary T. CREATIVE FOOD EXPERIENCES FOR CHILDREN. Washington, D.C., Center for Science in the Public Interest, 1974. ($4.00)

641.1 *
Gri

Griffin, Gary A. NUTRITION EDUCATION CURRICULA: RELEVANCE, DESIGN AND THE PROBLEM OF CHANGE. New York, UNESCO, 1975. ($4.00)

641.1
Gut

Guthrie, Helen A. INTRODUCTORY NUTRITION. 3rd ed. St. Luouis, Mosby, 1975. ($11.50)

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Gut

Guthrie, Helen A. PROGRAMMED NUTRITION. St. Louis, Mosby, 1971.

641.1
Har

Harrison, Gail. FOOD - WHAT FOR? NUTRITION FOR TEENAGERS. Ithaca, N.Y., Cornell University, 1968. ($1.00)

641.1
Hol

Holmes, Alan C. VISUAL AIDS IN NUTRITION EDUCATION: A GUIDE TO THEIR PREPARATION AND USE. Rome, FAO, 1968. ($6.00)

Slide
641.1
Iro

IRON-PROTEIN. Cornell University. 35 col slides, 2 scripts. ($7.25)

Filmstrip
641.1
Jcp

J. C. Penney. NUTRITION: WHAT'S IN IT FOR YOU. Filmstrip, cassette, worksheets. ($17.25)

641.1
Jac

Jacobson, Michael. HOW SODIUM NITRATE CAN AFFECT YOUR HEALTH. Washington, D.C., Center for Science in the Public Interest, 1973. ($2.00)

641.1 Jon — Jones, Kenneth L. FOODS, DIET AND NUTRITION. 2nd ed. San Francisco, Canfield Press, 1975. ($2.95)

641.1 * Kat — Katz, Deborah. FOOD: WHERE NUTRITION, POLITICS, AND CULTURE MEET: AN ACTIVITIES GUIDE FOR TEACHERS. Washington, D.C., Center for Science in the Public Interest, 1976. ($4.50)

641.1 Lat — Latour, John Paul. THE ABC'S OF VITAMINS, MINERALS, AND NATURAL FOODS. Arco Press, 1972. ($.95)

641.1 Law — Lawrie, R. A. PROTEINS AS HUMAN FOOD. Westport, Conn., AVI, 1970. ($22.00)

641.1 Lev — Leverton, Ruth M. FOOD BECOMES YOU: OR BETTER HEALTH THROUGH BETTER NUTRITION. Dolphin Boos., 1961. ($1.25)

641.1 Low — Lowenberg, Miriam E. FOOD AND MAN. 2nd ed. New York, Wiley, 1974. ($12.95)

641.1 Mac — MacKenzie, Louise. EVALUATION IN THE TEACHING OF HOME ECONOMICS A PROGRAMMED GUIDE TO DETERMINING THE EFFECTIVENESS OF TEACHING. Danville, Ill., Interstate Pub., 1970. ($2.00)

641.1 Man — Manufacturing Chemists' Association. FOOD ADDITIVES: WHAT THEY ARE AND HOW THEY ARE USED. Washington, D.C., 1974.

641.1 Map — Mapes, Martha. TRY SOMETHING NEW. Ithaca, N.Y., Cornell University, 1972. ($4.00)

641.1 Mar — Margen, Sheldon. PROGRESS IN HUMAN NUTRITION. VOLUME 1. Westport, Conn., AVI, 1971.

Filmstrip 641.1 Mar — Marsh Film. TOO MUCH OF A GOOD THING. Col filmstrip, cassette. ($21.00)

641.1 Mar — Martin, Ethel A. NUTRITION IN ACTION. 2nd ed. Holt, 1965. ($10.95)

641.1 Mas — Massachusetts Dept. of Education. FOCUS ON NUTRITION: A TEACHER'S HANDBOOK FOR NUTRITION EDUCATION, grades 7-12. ($2.50)

641.1 May — Mayer, Jean. A DIET FOR LIVING. New York, Pocket Books, 1975. ($1.95)

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Melnick, Daniel. A TEACHING MANUAL ON FOOD AND NUTRITION FOR NON-SCIENCE MAJORS. Rev. ed. Washington, D.C., Nutrition Foundation, 1975. ($6.00)

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Mon

Montclair State College. TEACH NUTRITION WITH GAMES. Upper Montclair, N.J., 1968. ($1.50)

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Nat

National Academy of Sciences. MATERNAL NUTRITION AND THE COURSE OF PREGNANCY. Washington, D.C., 1970. ($7.50)

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Nat

National Academy of Sciences. RECOMMENDED DIETARY ALLOWANCES. Washington, D.C., 1974. ($2.50)

Cards
641.1
Nat

National Dairy Council. U.S. RDA COMPARISON CARDS. 60 cards using bar graphs to illustrate nutritive value of common foods. ($4.00)

641.1
Nat

National Nutrition Consortium. NUTRITION LABELING: HOW IT CAN WORK FOR YOU. Bethesa, Md., 1975. ($2.00)

Slide
641.1
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NATURAL FOODS: GOOD, BAD, DIFFERENT. Ithaca, N.Y., Cornell University. Col slides, cassette, script. ($13.00)

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New

New York State Department of Education. HEALTH CURRICULUM MATERIALS: GRADES 10, 11, 12. STRAND I - PHYSICAL HEALTH: NUTRITION. Albany, N.Y., 1970.

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Labuza, Theodore. THE NUTRITION CRISIS: A READER. St. Paul, Minn., West Pub. Co., 1975. ($9.95)

Filmstrip
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THE NUTRITION SERIES. McGraw-Hill, 1974. 6 col filmstrips, 6 cassettes. ($110.00)

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NUTRITION: FOODS, FADS, FRAUDS, FACTS. Guidance Associates. 1974. 3 col filmstrips, 3 cassettes, teacher's guide. ($64.00)

Filmstrip
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Nutrition Foundation. NUTRITION MISINFORMATION AND FOOD FADDISM. New York, 1974. ($2.50)

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Nutrition Foundation. PRESENT KNOWLEDGE IN NUTRITION. 4th ed. Washington, D.C., 1976. ($8.50)

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Nutrition Search, Inc. NUTRITION ALMANAC. New York, McGraw-Hill, 1975. ($4.95)

Slide
641.1
Nut
NUTRITION LABELING. Ithaca, N.Y., Cornell University, 29 col slides, script. ($5.50)

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Pac
Packard, Vernal S. PROCESSED FOODS AND THE CONSUMER: ADDITIVES, LABELING, STANDARDS, AND NUTRITION. Univ. of Minnesota Press, 1976.

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Pat
Pattison, Mattie. TEACHING NUTRITION. 2nd ed. Iowa State Univ. Press, 1963. ($6.95)

Kit
641.1
Pen
Pennsylvania Department of Education. FOOD AND YOU: PORTFOLIO I - ELEMENTARY LEVEL. Harrisburg, PA, 1977.

Kit
641.1
Pen
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Game
641.1
Pil
Pillsbury Company. POPPIN' SWAP NUTRITION CARD GAME. 5 decks of cards, pre and post test. ($22.50)

641.1
Pyk
Pyke, Magnus. MAN AND FOOD. New York, McGraw-Hill, 1970. ($2.95)

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Pyke, Magnus. SUCCESS IN NUTRITION. London, John Murray, 1975. ($10.50)

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